

2017

Leisure Activity



Organized by Leisure & Cultural Services Department
Sponsored by Islands District Council

Lantau Island / Peng Chau / Discovery Bay

Oct

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)
Islands District Age Groups Athletic Meet 2017	40472554	15/10 (Sun)	8:00am-6:00pm	Tsing Yi Sports Ground	Please refer to prospectus
Islands District Age Group Table-tennis Competition 2017	40471935	8/10-22/10 (Sun)	9:00am-8:00pm	Cheung Chau Sports Centre	
Islands District Mini-soccer Competition – Lamma South	40472521	8/10 (Sun)	10:00am-6:00pm	Sok Kwu Wan Playground	
Islands District Mini-soccer Competition –Cheung Chau	40472578	15/10 (Sun)		Cheung Chau Sports Ground	
Islands District Mini-soccer Competition – Lamma North	40472750	22/10 (Sun)		Yung She Wan Soccer Pitch	
Islands District Mini- Soccer Competition for Junior	40472580	14-21/10 (Sat)	9:00am-6:00pm	Man Tung Road Park, 7-a-side Artificial Turf Soccer Pitch	
Islands District Mini- Soccer Competition for Youth	40472581				
Dance Play-in	40472571	15/10 (Sun)	7:45-10:15pm	Praya Street Sports Centre	17/9
	40472358	13/10 (Fri)	7:45-9:45pm	Peng Chau Sports Centre	13/9
Briefing on Proper Ways to Use Fitness Equipment	40472333	15/10 (Sun)	2:00-5:00pm	MUI Wo Sports Centre	15/9
	40472335	22/10 (Sun)	3:00-6:00pm		22/9
	40472556	15/10 (Sun)	9:00am-12:00nn	Cheung Chau Sports Centre	15/9
	40472588	8/10 (Sun)	10:00am-1:00pm	Tung Chung Man Tung Road Sports Centre	24/8-1/9 (8/9)
	40472589	21/10 (Sat)	1:00-4:00pm		
	40472590	4/10-25/10 (Wed)	10:00-11:00am		
40472591	11:00am-12:00nn		4/9		
BMX Fun Day	40473183	7/10 (Sat)	9:30-12:30am	HKJC International BMX Park	21/8
	40472649	8/10 (Sun)			
	40473184	28/10 (Sat)			
Mini-tennis Fun Day	40472398	15/10 (Sun)	2:00-5:00pm	Cheung Chau Park Tennis Court	Walk-in
Tennis Fun Day	40477348	29/10 (Sun)		Cheung Chau Sports Centre	
Fitness Measurement Day	40472576			Cheung Chau Sports Ground	
Fitness Walking Briefing Session	40472575	14/10 (Sat)		4:00-6:00pm	
Mt Pts - Tai Chi	40472347	7/10-21/10 (Sat)	9:30-10:30am	MUI Wo Sports Centre	Walk-in
	40472352	12/10-26/10 (Thu)			
	40472545	21/10-6/1 (Sat) (excl. 28/10)	8:00-9:30pm	Tai O Road Playground No.2	
	40472543	18/10-27/12 (Wed)		Volleyball Court, Yat Tung Estate, Tung Chung	
	40472550	3/10-12/12 (Tue)		Tat Tung Road Garden	
	40472551	9/10-18/12 (Mon)		Basketball Court, Man Tung Road Park	
40472414	12/10-21/12 (Thu)	8:15-9:15am	Praya Street Sports Centre Roof-top		
Mt Pts – Baduanjin	40472570	12/10-30/11 (Thu)	7:50-9:20pm	Praya Street Sports Centre	
Mt Pts for Elderly – Gateball	40472567	31/10-28/11 (Tue)	9:00-11:00am	Cheung Chau Sports Centre	
Soccer Fun Day	40472546	7/10 (Sat)	4:00-6:00pm	Tung Chung North Park, Hard-Surfaced Soccer Pitch	
Table Tennis Fun Day For Elderly	40473191	10/10 (Tue)	2:00-3:00pm	Peng Chau Sports Centre	
	40473192		3:00-4:00pm		
	40473193		4:00-5:00pm		
Badminton Fun Day	40473212	15/10 (Sun)	2:00-4:00pm		
HES – Gymnastics For All	40472346	6/10-27/10 (Fri)	9:00-11:00am	Tung Chung Man Tung Road Sports Centre	24/8-1/9 (8/9)
	40472583	10/10-9/11 (Tue, Thu)	8:00-9:00am		
	40472584		9:00-10:00am		
Land Excursion for Elderly	40472327	11/10 (Wed)	9:00am-5:00pm	Lei Cheng Uk HT Mus, Kin Walled City Park	
Excursion for Persons with Visual Impairment	40460020	15/10 (Sun)		Hong Kong Museum of Coastal Defence	
Day Camp for Persons with Physical Disability	40460027	22/10 (Sun)		Tso Kung Tam Outdoor Recreation Centre	

Training Course

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)
Level I Breaststroke for Adult	40472363	6/10-27/10 (Mon, Wed, Fri)	9:00-10:00am	Tung Chung Swimming Pool Training Pool	6/9
	40472371		8:00-9:00am		
Level I Front Crawl for Adult	40472374		9:00-10:00am		24/8-1/9 (8/9)
	40472379		7:00-8:00am		
Level I Swimming for Elderly	40472385		10:00-11:00am		
Level II Swimming for Elderly	40472395				
Badminton	40471895	8/10/2017-4/2/2018 (Sun)	2:00-4:00pm	MUI Wo Sports Centre	7/9
	40471896	(excl. 5, 12, 19, 26/11, 3, 10, 17, 24/12)	4:00-6:00pm		
	40472338	7/10-23/12 (Sat) (excl. 14/10, 28/10)	6:00-8:00pm		24/8-1/9 (8/9)
	40472344	31/10-2/1 (Tue)	7:00-9:00pm		30/9
Yoga	40472355	18/10-20/12 (Wed)	7:10-9:10pm	Peng Chau Sports Centre	18/9
Fitness Exercise	40471904	9/10-16/11 (Mon, Thu)	9:00-10:00pm		8/9
Children Dance	40472345	29/10-31/12 (Sun)	9:30-11:30am	Tung Chung Man Tung Road Sports Centre	21/9
	40472594	21/10-30/12 (Sat) (excl. 28/10)	2:00-4:00pm		
Level II GO	40472582	8/10-12/11 (Sun)	10:00am-12:00nn		7/9
Body-Mind Stretch	40472573	9/10-17/11 (Mon, Fri)	8:00-9:00pm	Tung Chung Man Tung Road Sports Centre	8/9
	40472574		9:00-10:00pm		
Wushu for Children	40472593	14/10-16/12 (Sat) (excl. 28/10)	4:00-6:00pm		14/9
Table-Tennis	40472587	20/10-29/12 (Fri) (excl. 22/12)	8:00-10:00pm		24/8-1/9 (8/9)
Social Dance	40472585	11/10-13/12 (Wed)			
	40472586	21/10-30/12 (Sat) (excl. 28/10)	9:00-11:00am		
	40472320	8/10-10/12 (Sun)	4:00-6:00pm	Discovery Bay Community Hall	6/9
40472319	2:00-4:00pm		8/9		
Tai Chi	40471890	3/10-25/1 (Tue, Thu) (excl. 5/10, 26/12)	10:30am-12:00nn	Open Area outside Wing On Department Store, DB	4/9
	40472542	3/10-27/1 (Tue, Thu, Sat) (excl. 5/10, 28/10, 26/12)	8:00-9:00am	Volleyball Court, Yat Tung Estate, Tung Chung	
Long Distance Running	40472548	15/10-17/12 (Sun)	8:00-10:00am	Tung Chung North Park, Hard Surfaced Soccer Pitch	15/9
Tennis	40472553	14/10-23/12 (Sat) (excl. 28/10)	9:00-11:00am	Tennis Court, Fu Tung Estate, Tung Chung	24/8-1/9 (8/9)

Enquiries : Islands District Leisure Services Office(2852 3220) Cheung Chau Sports Centre(2981 6285) Praya Street Sports Centre(2981 5409) MUI Wo Sports Centre(2984 2334) Peng Chau Sports Centre(2983 1271) Tung Chung Man Tung Road Sports Centre(2109 2421)