

2017

Leisure Activity

Organized by Leisure & Cultural Services Department
Sponsored by Islands District Council

Lantau Island / Peng Chau / Discovery Bay

Now

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)	
Islands District Volleyball Competition 2017 (Women's Division)	40472871	10/12 (Sun)	10:00am-8:00pm	Mui Wo Sports Centre	Refer to prospectus	
Islands District Volleyball Competition 2017 (Men's Division)	40472872	3/12 (Sun)				
Islands District Mini Soccer Competition - South Lantau & Mui Wo	40472579	5/11 (Sun)	10:00am-6:00pm	Mui Wo Playground Soccer Pitch		
Islands District Mini Soccer Competition - Tai O	40472748	12/11 (Sun)		Tai O Recreation Ground		
Islands District Mini Soccer Competition - Peng Chau	40472577	5/11 (Sun)		Peng Chau Mini-soccer Pitch		
Islands District Mini Soccer Competition - Tung Chung	40472749	19/11 (Sun)		Tung Chung North Park Soccer Pitch		
Briefing on Proper Ways to Use Fitness Equipment	40472613	18/11 (Sat)	3:00-6:00pm	Mui Wo Sports Centre	18/10	
	40473194		2:00-5:00pm	Cheung Chau Sports Centre	11/10	
	40472638	Peng Chau Sports Centre		25/10		
	40472612					
	40473207	25/11 (Sat)	1:00-4:00pm	Tung Chung Man Tung Road Sports Centre	20 - 27/9 (6/10)	
Briefing on Proper Ways to Use Fitness Equipment (English)	40472663	11/11 (Sat)	7:00-10:00pm	Praya Street Sports Centre Roof-top SOA		
	40472604	17/11 (Fri)	6:30-8:00pm			
Mt Pts - Tai Chi	40472409	6/11-29/11 (Mon)(excl.25/12,1/1)	9:30-10:30am	Mui Wo Sports Centre		
	40472621	2/11-30/11 (Thu)				
	40472622	4/11-25/11 (Sat)				
Mini-tennis Fun Day	40473218	11/11 (Sat)	2:00-3:00pm	Cheung Chau Park Tennis Court		
	40473219		3:00-4:00pm			
Soccer Fun Day	40472635	4/11 (Sat)	4:00-6:00pm	Tung Chung North Park, 7-a-side Hard-Surfaced Soccer Pitch		
	40473224	18/11 (Sat)				
Cricket Fun Day	40473188	5/11 (Sun)	11:30-pm1:00am	Artificial Turf Pitch of Man Tung Road Park	Walk-in	
Indoor Gateball Fun Day	40473213	19/11 (Sun)	2:00-4:00pm	Cheung Chau Sports Centre		
	40473214		4:00-6:00pm			
Ultimate Fun Day for Family	40463990	11/11 (Sat)	2:00-3:30pm	Yue She Wan Playground		
Fitness Walking Briefing Session	40463991		3:30-5:00pm			
Swimming Fun Day	40472650	4/11 (Sat)	11:00am-1:00pm	Tung Chung North Park	20 - 27/9 (6/10)	
	40472653	9/11 (Thu)	10:00am-12:00nn	Sun Yat Sen Memorial Park Swimming Pool		
HES - Gymnastics For All	40472620	3/11-24/11 (Fri) (excl.17/11)	9:00-11:00am	Peng Chau Sports Centre		
	40472668	28/11-4/1 (Tue, Thu)	8:00-9:00am			
	40472669	(excl. 26/12,2/1)	9:00-10:00am			
HES - Table-tennis Play-in	40472666	1/11-29/11 (Wed)	10:00-11:00am	Tung Chung Man Tung Road Sports Centre		3/10
	40472667		11:00am-12:00nn			
Aerobic Dance Play-in	40472642	14/11 (Tue)	7:45-9:45pm	Praya Street Sports Centre		18/10
Horticultural Seminar	40472636	22/11 (Wed)	10:00am-12:00nn	Tung Chung North Park Activity Room		9/10
Excursion for Persons with Disabilities	40460018	12/11 (Sun)	10:00am-5:00pm	Po Lin Monastery, Lantau Island		6-12/10
Day Camp for Persons with Disabilities	40460026	26/11 (Sun)	9:30am-4:30pm	Tso Kung Tam Outdoor Recreation Centre	30/10-3/11	
Day Camp for Elderly	40472610	3/11 (Fri)	9:00am-4:00pm	Lei Yue Mun Park and Holiday Village	20 - 27/9 (6/10)	
Land Excursion for Elderly	40472606	15/11 (Wed)	9:00am-5:00pm	Ma On Shan Waterfront Promenade, Che Kung Temple		

Training Course

Programme	Programme Number	Date (Day)	Time	Venue	Date of Enrolment (Remaining Quota Enrolment)
Level III Breaststroke for Adult	40472628	6/11-27/11 (Mon, Wed, Fri)	9:00-10:00am	Tung Chung Swimming Pool (Main Pool)	6/10
	40472629		7:00-8:00pm		
Level III Front Crawl for Adult	40472630	9/11-12/12 (Tue, Thu)	8:00-9:00am		9/10
	40472631		8:00-9:00pm		
Level III Breaststroke	40472633	6/11-27/11 (Mon, Wed, Fri)	7:00-8:00pm	Tung Chung Man Tung Road Sports Centre	20 - 27/9 (6/10)
Backstroke	40472627		8:00-9:00pm		
Aerobic Dance	40472632	23/11-4/1 (Tue, Thu) (excl. 26/12)	7:00-8:00am		
	40472671		8:00-9:00pm		
	40472672	28/11-1/1 (Tue, Thu) (excl. 26/12, 2/1)	9:00-10:00am	Tung Chung Man Tung Road Sports Centre	18/10
	40472673		10:00-11:00am		
	40472674		9:00-10:00am		
Fitness (Multi-gym)	40479750	19/11-11/2 (Sun) (excl. 24/12)	9:00-10:00am	Mui Wo Sports Centre	3/10
	40472623	1/11-20/12 (Mon, Wed) (excl.13/11,27/11, 11/12)	10:30-11:30am	Peng Chau Sports Centre	30/10
	40472624	30/11-15/1 (Mon, Thu) (excl. 25/12, 1/1)	9:00-10:00pm	Tung Chung Man Tung Road Sports Centre	27/10
	40472658	21/11-2/1 (Tue, Thu) (excl. 26/12)	2:00-3:00pm		
	40472659		3:00-4:00pm		
40472660	27/11-10/1 (Mon, Wed) (excl. 25/12,1/1)	8:00-9:00pm			
40472661		9:00-10:00pm			
Badminton	40454842	19/11-4/2 (Sun) (excl. 24/12,31/12)	9:00-11:00am	Peng Chau Sports Centre	20 - 27/9 (6/10)
	40454843		11:00am-1:00pm		
	40472344	1/11-3/1 (Wed)	7:00-9:00pm		29/9
	40472609	11/11-13/1 (Sat)	1:00-3:00pm	Discovery Bay Community Hall	11/10
	40472675	22/11-22/12 (Wed, Fri)	9:00-11:00am	Tung Chung Man Tung Road Sports Centre	20 - 27/9 (6/10)
Tai Chi	40472676	27/11-4/1 (Mon, Thu) (excl. 25/12,1/1)	7:00-9:00pm		
	40472634	8/11-9/3 (Mon, Wed, Fri) (excl.25/12,1/1,16/2,19/2,21/2)	7:15-8:15am	Badminton Court, Fu Tung Estate, Tung Chung	9/10
	40472683	8/11-12/3 (Mon, Wed, Fri) (excl.22,25/12,1/1,16,19,21/2)	7:45-8:45pm	Peng Chau Waterfront Playground	
Tai Chi Sword	40472604	8/11-2/3 (Wed, Fri) (excl.16/2,21/2)	9:30-11:00am	Open Area outside Wing On Dept Store, Discovery Bay	10/10
	40472607	28/11-27/3 (Tue, Thu, Sat) (excl. 26/12,17/2,20/2,22/2)	7:30-8:30am		26/10
	40472608		8:30-9:30am		
Social Dance	40472684	8/11-12/3 (Mon, Wed, Fri) (excl. 22,25/12,1/1,16,19,21/2)	8:45-9:45pm	Peng Chau Waterfront Playground	9/10
	40472605	14/11-23/1 (Tue) (excl. 26/12)	2:00-4:00pm	Discovery Bay Community Hall	13/10
	40472614	4/11-6/1 (Sat)	7:00-9:00pm	Mui Wo Sports Centre	4/10
Children Dance	40472615	21/11-30/1 (Tue) (excl. 26/12)	7:45-9:45pm	Peng Chau Sports Centre	20/10
	40472345	18/11-20/1 (Sat)	10:00am-12:00nn		17/10
Jazz	40472625	21/11-30/1 (Tue) (excl. 26/12)	3:20-5:20pm		20/10
	40479751	19/11-28/1 (Sun) (excl. 24/12)	10:00am-12:00nn		
Stress Management & Physical Relaxation	40472356	19/11-4/3 (Sun) (excl. 24/12,18/2)	12:00nn-1:00pm	Mui Wo Sports Centre	18/10
	40472616	1/11-10/1 (Mon, Wed) (excl. 13,27/11,11,25,27/12,1,8/1)	8:30-9:30am		3/10
40472617	9:30-10:30am				
Fitness Exercise for Elderly	40472618	30/11- 13/1 (Thu, Sat)	8:00-9:00am	Peng Chau Sports Centre	30/10
	40472619		9:00-10:00am		
	40472656	22/11-5/1 (Wed, Fri)	8:00-9:00am	Tung Chung Man Tung Road Sports Centre	20 - 27/9 (6/10)
	40472657		9:00-10:00am		

Enquiries : Islands District Leisure Services Office(2952 3220) Cheung Chau Sports Centre(2981 6285) Praya Street Sports Centre(2981 5409)
Mui Wo Sports Centre(2984 2334) Peng Chau Sports Centre(2983 1271) Tung Chung Man Tung Road Sports Centre(2109 2421)